

March 26, 2026

The Spa Manager
Four Seasons Hotel Tokyo at Otemachi

Dear Spa Manager,

I hope you are doing well.

Thank you for your kind assistance during my business trip to Jakarta last October. Your introductory letter to the Four Seasons Hotel Jakarta was a great help. Thanks to you, I enjoyed wonderful hospitality and even had the chance to take a photo with the General Manager.

Yesterday, on March 25th, I attended a cocktail event hosted by the Honorary Chairperson of the Hotel Barmen's Association, Japan, at the Keio Plaza Hotel's main bar in Shinjuku. It had been a while since my last visit, and I realized once again that I don't quite fit into that atmosphere, which differs so much from the refined world of the Four Seasons where high-society guests gather.

Similarly, I find myself in an "oil and water" situation at the long-term care hospital (91 beds) in Saitama City where I currently practice. Despite the presence of three doctors from Tokyo Medical University and two from Tokyo Women's Medical University, I—as a Ph.D. from National Mie University—feel intellectually estranged from the environment while maintaining a different intellectual standard, much like the physician from National Tohoku University who preceded me.

I understand you will be leaving the Four Seasons Hotel Tokyo at Otemachi at the end of this month. Although it was a short time, thank you very much for your kind hospitality. And I still remember your story about running around the Imperial Palace (5 km) in Tokyo without a single break! I wish you all the best and continued success in your future endeavors.

Best regards,

Yukihisa SHIDA, M.D., Ph.D. from National Mie University (Japan)
Wellness (Gym, Pool, Spa) Member, Four Seasons Hotel Tokyo at Otemachi

2026年3月26日

The Spa Manager
Four Seasons Hotel Tokyo at Otemachi, Tokyo

いつもお世話になります。

昨年2025年10月、私のJakarta出張時には、Four Seasons Hotel Jakarta宛に紹介のお手紙を送っていただきまして、有難うございました。お陰様でJakartaでも、お忙しいGeneral Managerと写真も撮っていただき、暖かいおもてなしを享受出来ました。

昨日3月25日、日本ホテルバーメンズ協会・名誉会長のCocktail Eventで京王 Plaza Hotel 新宿のMain Barを久しぶりに訪れましたが、成功者、上流階級のGuestが集う上質な雰囲気 of Four Seasons Hotelとは異なり、やはり現在、私溶け込むことは出来ませんでした。

ちなみに、私立東京医大から3名、東京女子医大から2名の先生がみえています常勤療養型病院(91床、さいたま市)も、「水と油」状態で、私(国立三重大学医学博士)は、私の前任者でみえた国立東北大学の先生と同じく、唯一の秀才として学術、知的な面より病院内で浮いてしまっていますところです。

3月いっぱいでお辞めになるFour Seasons Hotel 大手町では、短い間でしたがお世話になりました。皇居一周を休息なしで駆け抜けられるManagerの、今後ますますのご発展をお祈りしています。

志田幸久
国立三重大学医学博士
Four Seasons Hotel 大手町・Wellness (Gym、Pool、Spa) 会員