

To all the hospital staff — including 20 staff members such as outpatient department nurses and hospital pharmacists—who kindly organized my (Dr. Shida’s) farewell gathering (an informal, voluntary event) on short notice on January 17, 2025, upon my resignation from my full-time position at Seikokai Hospital (a 239-bed long-term care hospital in Chōsei District, Chiba Prefecture, Japan)

I, Dr. Shida, sincerely appreciate all the support I received at Seikokai Hospital, where I had served as a part-time internist since 2014 and as a full-time internist since 2016. On January 16, 2025, I was abruptly informed of the termination of my employment by the Chairperson and Hospital Director, Dr. Mitsutoku SAITO — a notice that effectively amounted to a dismissal. Nevertheless, I am deeply grateful to everyone who kindly organized a final farewell gathering for me on the following day, January 17. [Reference: “Paper on January 26, 2025 (Egypt) on the academic homepage “chairperson.jp”]

Thanks to everyone’s warm support, I am pleased to announce that, after completing my paid leave, I will be starting a new full-time position at a 91-bed long-term care hospital in Saitama City, Saitama Prefecture, Japan on April 1, 2025. My work schedule will be day shifts on Mondays, Tuesdays, Thursdays, and Fridays.

Following my previous experiences at Satte General Hospital (present Shin-kuki General Hospital) before its relocation (Satte City, Saitama Prefecture), Tanabe Hospital before its relocation (Asahi City, Chiba Prefecture), Seikokai Hospital before its renovation, and the JCHO Chiba Hospital-affiliated Geriatric Health Services Facility, which was already 25 years old at the time, I have once again found an opportunity at a well-established hospital—this time, one in Saitama City with a history of approximately 50 years. Perhaps the limited number of physician applicants for the position led to my hiring, but regardless, I am grateful for this new opportunity at another long-standing institution.

Moreover, the nearly 40 staff members of the 3rd-floor ward (60 beds) at Seikokai Hospital must have felt a sense of relief, as they were finally freed—at least for the time being—from the hectic nursing and caregiving workload that had continued under my supervision until the evening of my final working day, January 18, 2025.

That evening, responsibility for the 3rd-floor ward was officially transferred to the Chairperson and Hospital Director, Dr. Saito. Following this change, the number of hospitalized patients gradually declined due to an increase in discharges following patient deaths in the 3rd-floor ward.

**Seikokai
Hospital**



As you may know, I prefer the academic approach (clinical practice, research, and education) of National Mie University, a near first-tier national university in Japan. I am **a brilliant doctor** who holds a Doctor of Medicine degree from National Mie University, and in the context of a long-term care hospital, I have maintained a relatively low number of discharges due to patient deaths.

On the other hand, the Chairperson and Hospital Director Dr. Saito appears to be **a mediocre doctor** from Private Kyorin University, a third-tier private university, which makes it difficult to engage in meaningful discussions on medical academics (clinical practice, research, and education). (The hospital's administrative director, Jiro KUMADA, is also **a mediocre person**.) His lackadaisical work attitude, characterized by phrases like "*chatte, chatte*," gives the impression of an elementary school-level work ethic. As an attending doctor, he has overseen a high number of discharges due to death and has not published any academic papers in English. Academically, this does not align with the philosophy stated on Seikokai Hospital's homepage, which presents itself as a hospital where patients can feel secure in receiving long-term care—something he fails to embody both as a doctor and as the Chairperson and Hospital Director.

National Mie University
"Near first-tier university"



**Half of the undergraduate students are brilliant,
while the other half are mediocre students**

Private Kyorin University
"Third-tier university"



**Most of the undergraduate students are mediocre, and
each student admitted through a backdoor entrance
examination costs more than 60 million yen to educate
in medical school**

[Reference on "*Chatte*": "Paper on July 13, 2016 (Japan)," "Paper on August 18, 2013 (GlaxoSmithKline plc)," "Paper on November 22, 2014 (Korea)," "Paper on May 30, 2015 (Japan Society for Medical Education)," "Paper on November 5, 2018 (Hyakugo Bank, Japan)," "Paper on September 25, 2018 (Asahi Shimbun Company, Japan)," "Paper on October 1, 2019 (China)," "Paper on September 1, 2020 (JR-EAST, Japan)," "Paper on November 2, 2020 (Kagaya Spa Hotel, Japan)," "Paper on January 6, 2021 (Roppongi Hills Club, Japan)," "Paper on January 26, 2021 (Japan)," "Paper on January 26, 2021 (Japan Society of Complete Physical Examination)," "Paper on October 5, 2022 (Japan Hotel Association)," "Paper on April 17, 2023 (Malaysia)," "Paper on May 20, 2023 (Malaysia)," "Paper on July 8, 2023 (U.S.A.)," "Paper on October 14, 2023 (Thailand)," "Paper on January 1, 2024 (Keio University, Japan)," and "Paper on August 1, 2024 (All Nippon Airways, Japan)" on the academic homepage "chairperson.jp"]

However, in the case of Dr. Saito, there will never be any complaints regarding his human relations with hospital staff such as doctors and nurses — complaints typically directed at national university-affiliated doctors, such as being perceived as a “busy doctor,” a “strict doctor,” or an “academically oriented (brilliant) doctor.”

Last month, in February, I referred a patient from JCHO Chiba Hospital Affiliated Geriatric Health Services Facility (where I work as a part-time daytime physician every Wednesday) to Seikokai Hospital. I have been with JCHO hospitals since my residency at Social Insurance Hazu Hospital (present JCHO Yokkaichi Hazu Medical Center, Mie Prefecture). Should I have the opportunity to work with you again at either of these medical institutions in the future, I would sincerely appreciate your continued support, just as I received during my time at Seikokai Hospital.

Yukihisa SHIDA, M.D., Ph.D. (National Mie University)

My lifelong research focus, “Education in Sports and Medicine,” is progressing smoothly, and I will continue to update my academic homepage, “chairperson.jp,” with research papers, including this document. Additionally, my academic travel schedule, which includes international trips using ANA Business Class and other carriers, has already been planned through February 2026, with the Rio Carnival included as one of the scheduled highlights. [Reference: “Paper on August 1, 2024 (All Nippon Airways, Japan)” on the academic homepage “chairperson.jp”]



Dr. Shida



Rio Carnival

2025 年 3 月 31 日

私 (Dr. 志田幸久) の常勤病院、聖光会病院 (療養型病院、239 床、千葉県長生郡) の退職に際して、
急遽 2025 年 1 月 17 日に私のお別れ会 (20 名、非公式、有志の会) をしていただきました、病院職員
(外来看護師、薬局薬剤師など) の皆様へ

2014 年より非常勤内科勤務、2016 年より常勤内科勤務させていただきました聖光会病院では、2025
年 1 月 16 日の齋藤光徳 理事長兼病院長から突然の雇い止め (事実上の解雇) 通告後の翌 17 日に、開
いていただきました最後のお別れ会まで、皆様には大変お世話になりまして有難うございました。

皆さんの温かいお力添えをいただきまして、お陰様で有給休暇消化後の明日 2025 年 4 月 1 日より さい
たま市内の療養型病院 (91 床) に常勤 (毎週月、火、木、金曜日勤務) として再就職することになりま
した。私、新築移転前の幸手総合病院 (埼玉県幸手市、現 新久喜総合病院)、新築移転前の田辺病院
(千葉県旭市)、改装前の聖光会病院、築 25 年の JCHO 千葉病院附属介護老人保健施設 (千葉市) に続
きまして、今回も築 50 年程のさいたま市内の病院に、医師募集に対して医師応募が少ないためかもし
れませんが (?), 年季の入った病院に再びご縁をいただくことが出来ました。

また、聖光会病院 3F 病棟 (60 床) の 40 名弱の Staff は、私の最終勤務日である 2025 年 1 月 18 日の夕
方に主治医が私から齋藤理事長兼病院長に交代したことで、その後の 3F 病棟における死亡退院者数の
増加に伴う入院患者の減少と共に、1 月 18 日夕方までの私の元で続いていました 3F の看護、介護の忙
しさから期待通り一旦解放され、ほっと一息つかれていることと思います。

ご存じの様に、私は国立三重大学 (一流半大学) 方式の学術 (臨床、研究、教育) を好み、療養型病院
における死亡退院者数が少ない秀才医師、三重大学医学博士であります一方、齋藤理事長兼病院長にお
かれましてはご出身の私立杏林大学 (三流大学) 方式にて、医学の学術 (臨床、研究、教育) に関して
議論するのが難しい凡才医師でみえます。 (熊田次郎病院事務長も凡才でみえます) 「ちゃって」
「ちゃって」と緊張感のない小学生 Level のご勤務態度と拝見され、主治医として死亡退院者数が多
く、英文の学術論文 (学術報告) を執筆してみえないことから、学術的には聖光会病院の Homepage で
掲げられている「安心して長期療養できる病院」という理念には医師、そして理事長兼病院長として合
っていらっしゃらない反面、これからも医師、看護師など病院職員との人間関係において、国立大学の
「忙しい先生」「厳しい先生」「学術重視 (秀才) の医師」などの Claim、不満が出ることはありません。

なお先月 2 月、私の社会保険羽津病院 (現 JCHO 四日市羽津医療センター、三重県) 研修医時代からの
JCHO 病院生え抜きであります、JCHO 千葉病院附属介護老人保健施設 (毎週水曜日非常勤勤務) から
聖光会病院へ患者さんをお一人紹介させていただきました。皆様には、今後再びどちらかの医療機関で
またご一緒させていただく機会がありましたら、その際も聖光会病院勤務時と同じく、どうぞよろしく
お願い申し上げます。

志田幸久 (国立三重大学医学博士)

私の Life Work (Research) となりました「Sports と医学の教育」は引き続き順調に継続しています。今後も学術 Homepage「chairperson.jp」にて、本文書も含め学術 Paper を順次 Up していきます予定です。近年 ANA 国際線 Business Class 等を利用しましての学術出張日程も、現在 2026 年 2 月に予定しています Rio の Carnival まで折り込み済です。